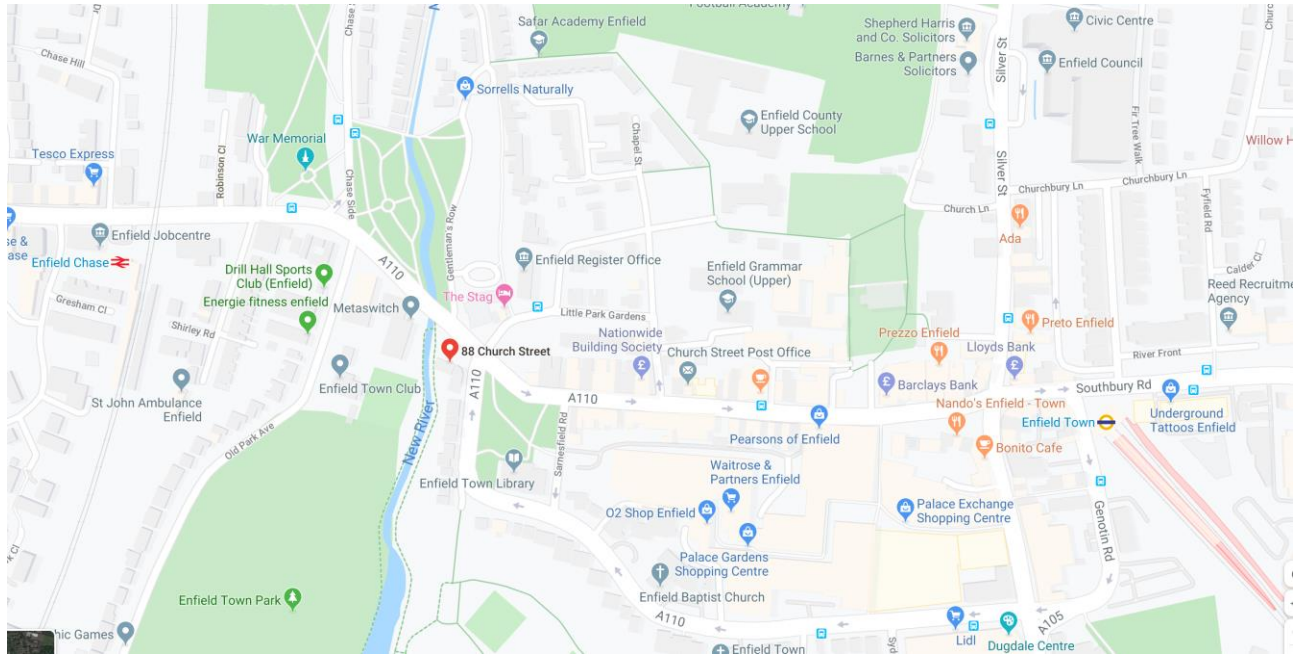


Directions to Therapy Rooms Enfield

88 Church Street, EN2 6AR



From Enfield Chase Station (4 minutes walk)

Exit the station and turn right. Walk downhill, along Windmill Hill which becomes Church Street. Cross the road at the traffic lights at the junction with Old Park Avenue.

Continue along Church Street past the church. You will see a large garden on your right with two period properties set back from the road. The smaller of the two, between Greenfox Garage and Boulter & Co Solicitors, is 88 Church Street.

From Enfield Town Station (7 minutes walk)

Exit the station and use the pedestrian crossing directly outside to cross Genotin Road and walk towards the town centre. You will see a high street ahead, this is Church Street.

Continue along Church Street past the shops and the library until you see Greenfox Garage. You will see a bus station to your right and a large garden next to Greenfox Garage. Use the zebra crossing to walk towards the garden where you will see two period properties set back from the road. The smaller of the two, between Greenfox Garage and Boulter & Co Solicitors, is 88 Church Street.

Buses

You can find bus routes to Enfield here: <https://bustimes.org/localities/enfield-town>

Parking

There are several car parks in Enfield, the closest are Little Park Gardens Car Park (entrance on Chapel Street), Palace Gardens Car Park (entrance on Sarnesfield Road) and Cecil Road Car Park. There is also pay and display parking on Gentleman's Row. The typical cost of parking is approximately £1.50 per hour. Free parking is available on residential roads about 5-10 minutes walk away for example Parsonage Gardens, Riverside Gardens, Chase Side Avenue.

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88 Church Street, EN2 6AR



Arriving

The building entrance is around the back. Walk through the brown gate at the side of the building and around to the back door.

There is no receptionist in the building so **please do not arrive more than 5 minutes before your session time**. Please ring the doorbell once and your therapist will let you in. If your therapist does not answer the door please contact them by phone rather than ringing the doorbell again.

You are welcome to 'visit' the building before your first session if you would like to ensure that you can find it okay but please do not ring the doorbell if you do so.

Bicycle Storage

There is a bike rack just inside the gate at the side of the building on which you may lock your bicycle.

Surrounding area

If you are early and would like to explore the local area Town Park is just around the corner on Cecil Road or you can walk along the river on Gentleman's Row.

There are also plenty of cafes and shops on Church Street and in Palace Gardens shopping centre.